

Arlington Knights of Columbus Holy Mackerels (AKC)

Team Reps: Pete Marsh seerymarsh@verizon.net
Skye Donovan jdonovan@marymount.edu

Computer: John Welch johnfwelchjr@yahoo.com
Mike Morgan morganvpi@yahoo.com

Pool: 5115 Little Falls Road Arlington VA 22207
25 meters / 6 lanes
Backstroke flags: 5 yards
No lights
250 swimmers

<https://holymackerels.swimtopia.com/>



Armfield Farm Stingrays (AF)

Team Reps: Sky Dantinne sdantinn@hotmail.com
Computer: Julie Tiss jtiss65@gmail.com
Beth Earle blizute@gmail.com
Jodi King jodiking@verizon.com

Pool: 3567 Armfield Farm Drive
Chantilly VA 20151
25 meters / 6 lanes
Backstroke flags: 5 yards
136 swimmers

http://www.teamunify.com/Home.jsp?_tabid_=0&team=reccslafs



Ashburn Farm Barracudas (ABF)

Team Rep: Deborah Youmans debyoumans@gmail.com
Jennifer Coppola jennycoppola@yahoo.com

Computer: Kim Coon & Tiana Christensen
barracudas.meet.managers@gmail.com

Pool: Summerwood Pool
43641 Golden Meadow Circle
Ashburn VA 20147
25 meters / 6 lanes
Backstroke flags: 5 yards
204 swimmers

www.ashburnfarmbarracudas.org



Ashburn Village AquaJets (AV)

Team Reps: Kristina Hart khart@ashburnvillage.org

Computer: Kelly Wenner computers@avaquajets.com

Pool: Lakes Recreation Center
44078 Cheltenham Circle
Ashburn VA 20147
25 meters / 6 lanes
Backstroke flags: 5 yards
250 swimmers

<http://www.avaquajets.com/Home.jsp?team=reccslajst>



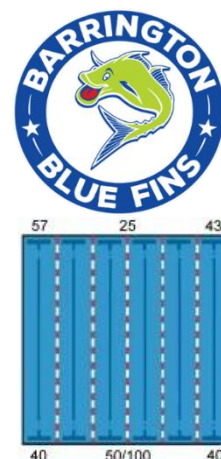
Barrington Blue Fins (BAR)

Team Reps: Steve Van Beek stevevanbeek@gmail.com
Beth Van Beek bethvanbeek@gmail.com

Computer: Steve Van Beek stevevanbeek@gmail.com

Pool: 9376 Braymore Circle Fairfax
Station VA 22039
25 yards / 6 lanes
Backstroke flags: 5 yards
115 swimmers

barringtonbluefins.org



Broadlands Piranhas (BL)

Team Rep: Stephanie Callaghan calla912@yahoo.com
Tracie Buckley dcosbuckley@gmail.com
CSLBoardTeamRep@broadlandsswimteam.org

Computer: Christine, Karen & Sandy
piranhasscores@broadlandsswimteam.org
Christine Brooks christinenkids@gmail.com
Karen McKevitt karen.mckevitt@mac.com
Sandy Geerdes Sandygeerdes@gmail.com

Pool: 43008 Waxpool Road
Broadlands VA 20148
25 meters / 6 lanes
Backstroke flags: 5 yards
226 swimmers

<http://www.teamunify.com/Home.jsp?team=reccslblva>

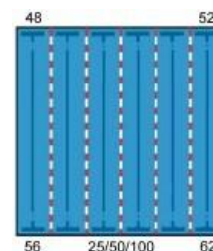


Burke Centre Penguins (BCP)

Team Rep: Lisa Goggins lisaggns@aol.com
Computer: Rob Jones robjones@verizon.net
Kay Jones kaysjones@gmail.com

Pool: Burke Centre Commons Pool
5701 Roberts Parkway
Burke VA 22015
25 meters / 6 lanes
Backstroke flags: 5 yards
220 swimmers

<http://www.teamunify.com/Home.jsp?team=reccobcpva>



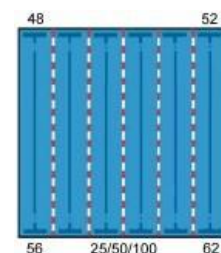
Burke Centre Stingers (BCS)

Team Rep: Alicia Kelly Field Amkelly@childrensnational.org
202-997-6015 stingerteamrep@gmail.com

Computer: Miriam Beima jbeima@erols.com

Pool: Burke Centre Commons Pool
5701 Roberts Parkway
Burke VA 22015
25 meters / 6 lanes
Backstroke flags: 5 yards
220 swimmers

<http://www.teamunify.com/Home.jsp?team=reccobcs>



Cascades Rapids (CAS)

Team Reps: Meredith Pilaro mkpilaro@gmail.com
Tom Kalka tom@sargefitness.com

Computer: Lisa Anderson zinnderson@gmail.com

Pool: Potomac Lakes Pool aka Stone House Pool aka Stephen Frazier Pool
20670 Fernbank Court
Sterling VA 20165
25 meters / 8 lanes
Backstroke flags: 5 meters
No lights
213 swimmers

<http://cascadesrapids.org/>



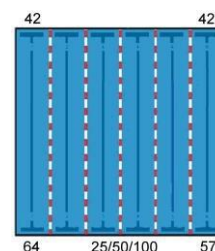
Chantilly Highlands Dolphins (CHD)

Team Rep: Rob Markin lamarbins@hotmail.com
chdteamrep@gmail.com

Computer: Kevern Spurlin chd.hytek.lead@gmail.com

Pool: 3225 Kinross Circle
Oak Hill VA 20171
25 meters / 6 lanes
Backstroke flags: 5 yards
156 swimmers

<http://www.chdolphins.net>



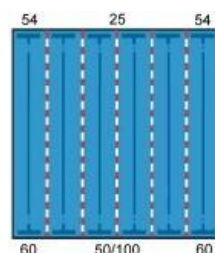
Chantilly National Golf & Country Club Bluefins (CNC)

Team Rep: Amy Seibel amylemon@msn.com

Computer: Jayne Ayers jaynea@mindspring.com

Pool: 14901 Braddock Road
Centreville VA 20120
25 meters / 6 lanes A-meets / 7 lanes B-meets
Backstroke flags: 5 yards 100
swimmers

<http://www.teamunify.com/Home.jsp?team=reccscnbva>



Chase Club Sharks (CC)

Team Rep: Sheila Lee sheilahlee@yahoo.com
Tracy Mason traymay5@gmail.com

Computer: Dave & Christine Kelly daveandtaye@gmail.com

Pool: 5492 Ashleigh Road
Fairfax VA 22030
25 meters / 6 lanes
Backstroke flags: 5 yards
103 swimmers

<http://www.chaseclubsharks.com>



Chinquapin Wahoos (C)

Team Rep: Lolo Lasida swim.mail@lasida.com
Corry Robb corry.robbs@gmail.com
Carly Robb carly.robbs.va@gmail.com



Computer: Lolo Lasida swim.mail@lasida.com

Pool: Old Town Pool
1609 Cameron Street
Alexandria VA 22314
25 yards / 8 lanes
Backstroke flags: 5 yards
180 swimmers

<http://teamwahoos.org>

CountrySide Waves (CY)

Team Reps: Becky Belogay bhbelogay@hotmail.com
Lauren Donaldson ldonaldson2006@gmail.com
Computer: Kim Fedei klfedei@gmail.com
George Stiles gstiles1969@gmail.com



Pool: 46020 Algonkian Parkway
Potomac Falls VA 20165
25 meters / 8 lanes
Backstroke flags: 5 yards
178 swimmers

<http://www.countrysidewaves.org/>

Fort Myer Squids (FM)

Team Rep: Deb Ramos kauffman96@yahoo.com

Computer: Lim and Nga uvl.yln@gmail.com

Pool: 214 Jackson Avenue
Fort Myer VA 22211
25 meters / 6 lanes

Backstroke flags: 5 yards
No lights
173 swimmers



<http://www.fortmyersquids.com/>

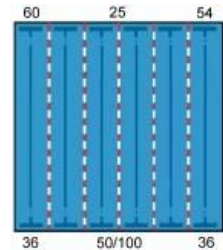
Franklin Farm Froggers (FF)

Team Reps: Scott Aukema scott.aukema@gmail.com (A-meets)
Beth Malara, beth_e_malara@yahoo.com (B-meets)

Computer: Randy Jones randysjones@gmail.com

Pool: Still Pond Pool
12700 Franklin Farm Road
Oak Hill VA 20171
25 meters / 6 lanes
Backstroke flags: 5 yards
230 swimmers

<http://gofroggers.net>



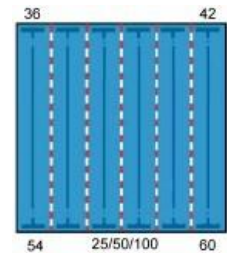
Franklin Glen Gators (FG)

Team Rep: Yousif Hassan yousif.hassan@outlook.com

Computer: Bryan Topscher btopscher@gmail.com

Pool: 13398 Springhaven Drive
Fairfax VA 22033
25 meters / 6 lanes
Backstroke flags: 5 yards
188 swimmers

<http://www.fggators.com>



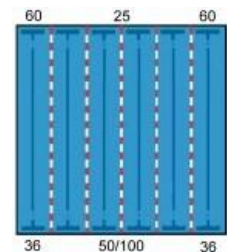
Glen Cove Pirates (GC)

Team Rep: Caroline Taylor carolinetayloratc@gmail.com
540-664-6541

Computer: Josh Snyder joshsnnyder509@gmail.com

Pool: 5471 Brigantine Way
Fairfax VA 22032
25 yards / 6 lanes
Backstroke flags: 5 yards
92 swimmers

<http://www.teamunify.com/recgcp>



Hayden Village Villains (HV)

Team Rep: Lynda Falkenstein rainsonglta2000@yahoo.com
Computer: Christie Katz christie@haydenvillageswim.com
Yvonne Kan hyj.kan@gmail.com
Rich McCoy rsm_24@msn.com
infotech@haydenvillageswim.com

Pool: 5587 Rockpointe Drive
Clifton VA 20124
25 meters / 6 lanes
Backstroke flags: 5 yards
139 swimmers

<http://www.teamunify.com/Home.jsp?team=reccslhvv>



ManorGate Marlins (MG)

Team Rep: Joseph Lintott josephlintott@hotmail.com
Computer: Valerie Loveday valoveday@gmail.com
Chang Yoon alfyoon@yahoo.com
Tanja Lovelace tanjalovelace@gmail.com

Pool: 14300 Green Trails Blvd
Centreville VA 20121
25 meters / 6 lanes
Backstroke flags: 5 yards
No lights
202 swimmers

<http://manorgatemarlins.com>



Saratoga Stingrays (SAR)

Team Rep: Deb Gross debsk8r@hotmail.com
Theresa Poquis tbpoquis@gmail.com
Computer: Heather Manzano manzanoeh@msn.com
Mike Asbery masbery@verizon.net

Pool: 8070 Edinburgh Drive
Springfield VA 22153
25 meters / 6 lanes
Backstroke flags: 5 yards
72 swimmers

www.saratogastingrays.org



Sequoia Farms Stingrays (SF)

Team Rep: Peg Alessi pegalessi@yahoo.com

Computer: Tara Carey sfstcomputer@gmail.com

Pool: 5562 Sequoia Farms Drive
Centreville VA 20120
25 meters / 6 lanes
Backstroke flags: 5 yards
107 swimmers

Website: <http://www.sfstingrays.com/>



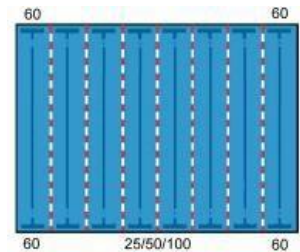
South Riding Stingrays (SRD)

Team Rep: Steve Garcia stevengarcia@gmail.com

Computer: John Haley & Stephanie Holt
CSLComputerOps@gostingrays.com

Pool: 42420 Unicorn Drive
South Riding VA 20152
25 meters / 8 lanes
Backstroke flags: 5 yards
156 swimmers

Website: <http://www.teamunify.com/recsrsva>



Sugarland Run Dolphins (SR)

Team Rep: Jen Heffern srst.teamrep@gmail.com
Deb Balint srst.teamrep@gmail.com

Computer: Svetlana LaBarbera srst.comp@gmail.com

Pool: 200 Greenfield Court
Sterling VA 20164
25 yards / 8 lanes
Backstroke flags: 5 yards
140 swimmers

Website: <http://www.teamunify.com/Home.jsp?team=reccslsrd>



CSL Executive Committee

President	BAR Steve Van Beek	stevevanbeek@gmail.com
Vice President	CAS Tom Kalka	tom@sargefitness.com
Treasurer	FF Ken Killer	buckeye1998@gmail.com
Secretary	GC Caroline Taylor	carolinetayloratc@gmail.com 540-664-6541
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Hy-Tek Committee Chair	SAR Mike Asbury	masbury@verizon.net
Insurance		