

Arlington Knights of Columbus Holy Mackerels (AKC)

Team Reps: Derek Khlopin khlopin@yahoo.com

Computer: John Welch johnfwelchjr@yahoo.com
Mike Morgan morganvpi@yahoo.com

Pool: 5115 Little Falls Road
Arlington VA 22207
25 meters / 6 lanes
Backstroke flags: 5 yards
No lights
250 swimmers

Website: <https://holymackerels.swimtopia.com/>



Armfield Farm Stingrays (AF)

Team Reps: Warren Crowder wcmapper@aol.com
Turnell Sims turnell@verizon.net

Computer: Julie Tiss jtiss65@gmail.com
Beth Earle blizute@gmail.com
Jodi King jodiking@verizon.com

Pool: 3567 Armfield Farm Drive
Chantilly VA 20151
25 meters / 6 lanes
Backstroke flags: 5 yards
136 swimmers

Website: <http://www.teamunify.com/Home.jsp?tabid=0&team=reccslafs>



Ashburn Farm Barracudas (ABF)

Team Rep: Carrie Jackman carriejackman@rocketmail.com
Joe Campbell josephmcampbell@yahoo.com

Computer: Kim Coon abfbarracudas@gmail.com

Pool: Summerwood Pool
43641 Golden Meadow Circle
Ashburn VA 20147
25 meters / 6 lanes
Backstroke flags: 5 yards
204 swimmers

Website: <https://ashburnfarmbarracudas.shutterfly.com>



Ashburn Village AquaJets (AV)

Team Reps: Matt Bayly teamrep2016@avaquajets.com
coachmatt@avaquajets.com
Kristina Hart khart@ashburnvillage.org

Computer: Kelly Wenner kpwenner@gmail.com

Pool: Lakes Recreation Center
44078 Cheltenham Circle
Ashburn VA 20147
25 meters / 6 lanes
Backstroke flags: 5 yards
250 swimmers

Website: <http://www.avaquajets.com/Home.jsp?team=reccslajst>



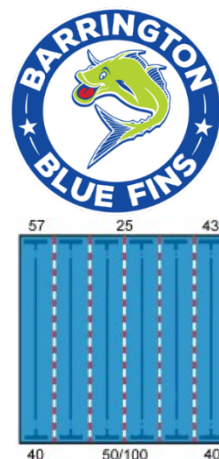
Barrington Blue Fins (BAR)

Team Reps: Steve Van Beek stevevanbeek@gmail.com
Beth Van Beek bethvanbeek@gmail.com

Computer: Derrick Shields dshields@shieldsnet.com

Pool: 9376 Braymore Circle
Fairfax Station VA 22039
25 yards / 6 lanes
Backstroke flags: 5 yards
115 swimmers

Website: barringtonbluefins.org



Broadlands Piranhas (BL)

Team Rep: Stephanie Callaghan calla912@yahoo.com
Stephanie Sonnenfeld stephanie.sonnenfeld@gmail.com
CSLBoardTeamRep@broadlandsswimteam.org

Computer: Christine, Karen & Sandy
piranhasscores@broadlandsswimteam.org
Christine Brooks christinenkids@gmail.com
Karen McKevitt karen.mckevitt@mac.com
Sandy Geerdes Sandygeerdes@gmail.com

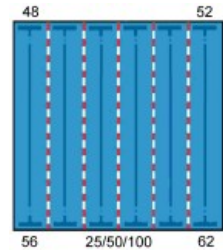
Pool: 43008 Waxpool Road
Broadlands VA 20148
25 meters / 6 lanes
Backstroke flags: 5 yards
226 swimmers

Website: <http://www.teamunify.com/Home.jsp?team=reccslblva>



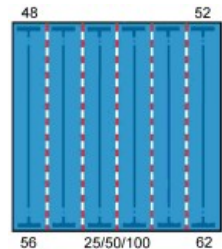
Burke Centre Penguins (BCP)

Team Rep: Cindy Reilly cindy.reilly3@verizon.net
Computer: Rob Jones robjones@verizon.net
Kay Jones kaysjones@gmail.com
Pool: Burke Centre Commons Pool
5701 Roberts Parkway
Burke VA 22015
25 meters / 6 lanes
Backstroke flags: 5 yards
220 swimmers
Website: <http://www.teamunify.com/Home.jsp?team=reccobcpva>



Burke Centre Stingers (BCS)

Team Rep: Alicia Kelly Field stingerteamrep@gmail.com
Jen Roberts stingerteamrep@gmail.com
Computer: Miriam Beima jbeima@erols.com (A-meets)
Missy Longo mlongo@actionnet.com (B-meets)
Pool: Burke Centre Commons Pool
5701 Roberts Parkway
Burke VA 22015
25 meters / 6 lanes
Backstroke flags: 5 yards
220 swimmers
Website: <http://www.teamunify.com/Home.jsp?team=reccobcs>



Cascades Rapids (CAS)

Team Reps: Chris Murphy Ryan11701@aol.com
Trish Kaczmarczyk trishkaczmarczyk@gmail.com
Maureen Murphy Maureen.murphy@salliemae.com
Computer: Katy Touve katy@touve.net
Lu Ryan ljkmlryan@gmail.com
Pool: Potomac Lakes Pool aka Stone House Pool aka Stephen Frazier Pool
20670 Fernbank Court
Sterling VA 20165
25 meters / 8 lanes
Backstroke flags: 5 meters
No lights
213 swimmers
Website: <http://cascadesrapids.org/>



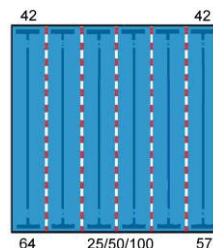
Chantilly Highlands Dolphins (CHD)

Team Rep: Sally Burns sally_burns@verizon.net
Rob Markin lamarkins@hotmail.com

Computer: Allen (Qi) Zhang chd.hytek.lead@gmail.com

Pool: 3225 Kinross Circle
Oak Hill VA 20171
25 meters / 6 lanes
Backstroke flags: 5 yards
156 swimmers

Website: <http://www.chdolphins.net>



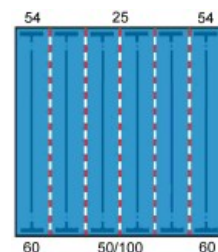
Chantilly National Golf & Country Club Bluefins (CNC)

Team Rep: Karl Spinnenweber karlspin@earthlink.net

Computer: Robin Lott robinlott2@gmail.com
Val Denizard odyssey66@verizon.net

Pool: 14901 Braddock Road
Centreville VA 20120
25 meters / 6 lanes A-meets / 7 lanes B-meets
Backstroke flags: 5 yards
100 swimmers

Website: <http://www.teamunify.com/Home.jsp?team=reccscnbva>



Chase Club Sharks (CC)

Team Rep: Rachel Perry bijoux4u@gmail.com

Computer: Sheilah Lee sheilahlee@yahoo.com

Pool: 5492 Ashleigh Road
Fairfax VA 22030
25 meters / 6 lanes
Backstroke flags: 5 yards
103 swimmers

Website: <http://www.chaseclubsharks.com>



Chinquapin Wahoos (C)

Team Rep: Janice McClaury janicemclaury@gmail.com
Lolo Lasida swim.mail@lasida.com
Marissa Solis solis.marissa@gmail.com
Suzanne Doggett swdoggett76@gmail.com
Lisa Thomas derikandlisa@aol.com

Computer: Lolo Lasida swim.mail@lasida.com

Pool: Old Town Pool
1609 Cameron Street
Alexandria VA 22314
25 yards / 8 lanes
Backstroke flags: 5 yards
180 swimmers

Website: <http://teamwahoos.org>



CountrySide Waves (CY)

Team Reps: Becky Belogay bhbelogay@hotmail.com

Computer: Kim Fedei klfedei@gmail.com
George Stiles gstiles1969@gmail.com

Pool: 46020 Algonkian Parkway
Potomac Falls VA 20165
25 meters / 8 lanes
Backstroke flags: 5 yards
178 swimmers

Website: <http://www.countrysidewaves.org/>



Fort Myer Squids (FM)

Team Rep: Chris Spranger Chris.spranger@verizon.net
Becky Mohler rjmcouture@hotmail.com

Computer: Mark Tramontozzi traminva@gmail.com
Paul Sherman paul@techwiremedia.com

Pool: 214 Jackson Avenue
Fort Myer VA 22211
25 meters / 6 lanes

Backstroke flags: 5 yards
No lights
173 swimmers

Website: <http://www.fortmyersquids.com/>



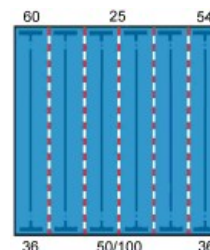
Franklin Farm Froggers (FF)

Team Reps: Mitch Dekoven mdekoven@hotmail.com (A-meets)
 Andrea Hayken ahayken@yahoo.com (B-meets)

Computer: Randy Jones randysjones@gmail.com
 Sharon Palmer slapalmer@gmail.com

Pool: Still Pond Pool
 12700 Franklin Farm Road
 Oak Hill VA 20171
 25 meters / 6 lanes
 Backstroke flags: 5 yards
 230 swimmers

Website: <http://gofroggers.net>



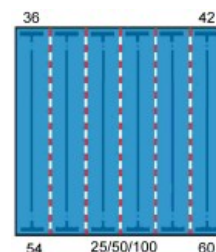
Franklin Glen Gators (FG)

Team Rep: Chantile Stovall chan_stovall@hotmail.com

Computer: Linda Bracewell lbracewell@verizon.net
 Patsy Deyo patsy@deyo.us
 Michelle Head michelle.head@gmail.com

Pool: 13398 Springhaven Drive
 Fairfax VA 22033
 25 meters / 6 lanes
 Backstroke flags: 5 yards
 188 swimmers

Website: <http://www.fggators.com>



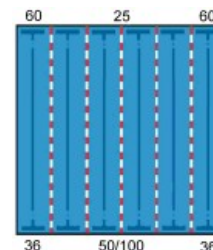
Glen Cove Pirates (GC)

Team Rep: Caroline Taylor carolinetayloratc@gmail.com

Computer: Bob Lockey blockey67@gmail.com
 David Painter david.l.painter.civ@mail.mil

Pool: 5471 Brigantine Way
 Fairfax VA 22032
 25 yards / 6 lanes
 Backstroke flags: 5 yards
 89 swimmers

Website: <http://www.teamunify.com/recgcp>



Hayden Village Villains (HV)



Team Rep: Lynda Falkenstein rainsonglta2000@yahoo.com

Computer: Christie Katz christie@haydenvillageswim.com
Yvonne Kan hyj.kan@gmail.com
Rich McCoy rsm_24@msn.com
infotech@haydenvillageswim.com

Pool: 5587 Rockpointe Drive
Clifton VA 20124
25 meters / 6 lanes
Backstroke flags: 5 yards
139 swimmers

Website: <http://www.teamunify.com/Home.jsp?team=reccslhvv>

ManorGate Marlins (MG)



Team Rep: Joseph Lintott josephlintott@hotmail.com

Computer: Valerie Loveday valoveday@gmail.com
Chang Yoon alfyoon@yahoo.com

Pool: 14300 Green Trails Blvd
Centreville VA 20121
25 meters / 6 lanes
Backstroke flags: 5 yards
No lights
202 swimmers

Website: <http://manorgatemarlins.com>

Saratoga Stingrays (SAR)



Team Rep: Deb Gross sarteamrepmm@gmail.com
debsk8r@hotmail.com

Computer: Heather Manzano manzanoeh@msn.com
Diane Tucker Dlanttucker@outlook.com
Mike Asbery masbery@verizon.net

Pool: 8070 Edinburgh Drive
Springfield VA 22153
25 meters / 6 lanes
Backstroke flags: 5 yards
72 swimmers

Website: www.saratogastingrays.org

Sequoia Farms Stingrays (SF)

Team Rep: Heather Croxton heather@croxton.com
Peg Alessi pegalessi@yahoo.com

Computer: Chris Bechtol sfstcomputer@gmail.com

Pool: 5562 Sequoia Farms Drive
Centreville VA 20120
25 meters / 6 lanes
Backstroke flags: 5 yards
107 swimmers

Website: <http://www.sfstingrays.com/>



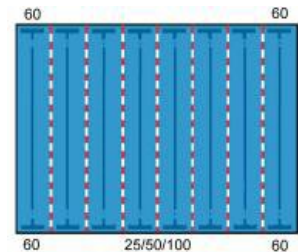
South Riding Stingrays (SRD)

Team Rep: David Penland dppenland@fcps.edu
Erin Walter erinwalter78@gmail.com

Computer: Robb Harrington registration@gostingrays.com
Stephanie Holt hokieholt@comcast.net

Pool: 42420 Unicorn Drive
South Riding VA 20152
25 meters / 8 lanes
Backstroke flags: 5 yards
156 swimmers (core CSL roster, does not include MiniRays)

Website: <http://www.teamunify.com/reccsrsva>



Sugarland Run Dolphins (SR)

Team Rep: Jen Heffern srst.teamrep@gmail.com

Computer: Alex Zasytkin srst.comp@gmail.com

Pool: 200 Greenfield Court
Sterling VA 20164
25 yards / 8 lanes
Backstroke flags: 5 yards
140 swimmers

Website: <http://www.teamunify.com/Home.jsp?team=reccslrd>

